

Come Join us on this journey as we explore the innovative and creative paths to traditional and non-traditional routes to healthy aging!!

May 14-16, 2019



2019 Regional Training Symposium: Adventures in Aging

Hosted by: Northwest Florida Area Agency on Aging, Inc. And Advantage Aging Solutions

For information, call 1-866-531-8011





Hilton Garden Inn 1297 Miracle Strip Pkwy., SE Fort Walton Beach, FL

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Schedule At-A-Glance (tontative)

TUESDAY, MAY 14

12:00 pm - 1:00 pm	Registration Open
1:00 pm - 2:00 pm	Opening Session •Colette Vallee, Director of Programs & Advocacy, Florida Council on Aging, Tallahassee, FL
2:00 pm - 2:15 pm	Break
2:15 am - 3:15 pm	Opiates and the Older Adult: Helping Patients in Pain Help Themselves in ways Pills Never Will •Terrance Roland Reeves, MD, FACS, DFASAM, Private Practice-Family Medicine, Navarre, FL
3:30 pm - 5:00 pm	Medical Marijuana Awareness •Turner Davis, RPh, CCO, Medical Marijuana Treatment Clinics of Florida, Tallahassee, FL

WEDNESDAY, MAY 15

8:30 am - 9:30 am	Registration Open ~ Continental Breakfast
9:30 am - 9:45 am	Welcome & Opening Remarks
9:45 am - 10:45 am	Practical Components of Cognitive Rehabilitation •Zachary C. Bayer, PsyD, Bayer Neuro Behavioral Center, PLLC, Fort Walton Beach, FL
10:45 am - 11:15 am	Break & Exhibitors
11:15 am - 12:15 pm	Combatting Loneliness with UPSLIDE •Melanie Lachman, LCSW, UPSLIDE Program Coordinator, Tallahassee, FL
12:30 pm - 2:00 pm	Lunch Guest Speaker •Richard Prudom, Secretary, Florida Department of Elder Affairs, Tallahassee, FL
2:00 pm - 3:00 pm	Concurrent Workshops Long-Term Care Planning •Kandace E. Rudd, JD, MSW, Associate Attorney, Waldoch & McConnaughhay, P.A., Tallahassee, FL Comparing the Sex Lives of Baby Boomers to iGen •Kelly Grove, Sexual Health Coordinator, Center for Health Advocacy and Wellness, FSU, Tallahassee, FL
3:00 pm - 3:15 pm	Refreshment Break
3:15 pm - 4:15 pm	Concurrent Workshops Medication Safety and Older Adults •Lisa Hemond, RPh, CPh, Fort Walton Beach, FL Transportation •Steve Holmes, Executive Director, State Commission for the Transportation Disadvantaged, Tallahassee, FL
4:30 pm - 6:00 pm	Let's Get Acquainted ~ Free Drink & Light Hors d'oeuvres •Musical Entertainment - Buddy Fauber and Cliff Joiner

THURSDAY, MAY 16

9:00 am - 10:00 am	Registration Open ~ Breakfast
10:00 am - 11:00 am	Caregiver Communication •Lelanya Taber, LCSW, Bereavement Manager, Tabitha Ingermann, Veteran Liaison, VITAS Healthcare, Pensacola, FL
11:00 am - 11:15 am	Break
11:15 am - 12:15 pm	Embracing LGBTQ •Reverend Lisa Kelson, Senior Pastor, Holy Cross MCC, Pensacola, FL
12:15 pm - 1:00 pm	Lunch
1:15 pm - 2:15 pm	Concurrent Workshops Get Help Now for Aging Veterans •Lew Wilson, Statewide Outreach Coordinator, Florida Veterans Foundation, Tallahassee, FL Benefits of Music for Seniors with Dementia •David Acuff, General Manager, Homestead Village, Pensacola, FL
2:15 pm - 2:45 pm	Break
2:45 pm - 3:45 pm	Acupuncture as an Additional Treatment Modality •Terence B. Mitchell, MD, Family Medical Specialist, Niceville, FL
3:45 pm	Closing Remarks & Door Prizes

Registration Information

To register for the 2019 Regional Training Symposium, complete a separate form for **EACH** attendee. Mail registration and payment to address below. You may also register online at <u>www.nwflaaa.org</u>.

Registration should be received on or before April 23, 2019				
Full Name:				
Organization:				
Address:				
City:	State: Zip:	Phone:		
Email address:				

By submission of the Conference Registration Form, I hereby give permission to Northwest Florida Area Agency on Aging and Area Agency on Aging for North Florida to use photos taken of me. I give both agencies all rights to use the photos in publications and electronic media.

Cancellation & Refund Policy: Cancellations submitted in writing no later than April 23rd will be eligible for a full refund, less \$20.00 administrative fee.

NO REFUNDS FOR CANCELLATIONS MADE AFTER APRIL 23, 2019

Registration may be transferred to an alternate individual with written notification. Refunds will not be processed until after the conference.

NORTHWEST FLORIDA AREA AGENCY ON AGING INC. AGING AND DISABILITY RESOURCE CENTER 5090 COMMERCE PARK CIRCLE PENSACOLA FL 32505 NON PROFIT ORG US POSTAGE PAID PENSACOLA, FL PERMIT #749

Hotel Information

Hotel Reservations may be booked by calling 1.855.373.6897 or online at:

http://hiltongardeninn.hilton.com/en/gi/groups/personalized/F/FWBGIGI-AOA-20190513/index.jhtml

NOTE: Agencies with <u>tax exempt status</u> should show their tax certificate at time of check-in to insure you are not charged any taxes).

Ask for "Group Reservations" (group code AOA) to receive the special rate of \$165.00 per night. (2 queen beds/Island view) or \$199.00 (2 queen beds/Balcony Gulf Front). Rooms can be guaranteed for late arrival to an individual's credit card or by advance deposit. Any guaranteed reservations not canceled before 6:00 p.m., one day prior to the arrival date will be billed to the credit card or against the advance deposit for one night's room and tax.

Please note that check-in time begins at 4:00 p.m. and check-out time is 11:00 a.m. Upon request, the Hilton Garden Inn will be happy to arrange for baggage storage until your actual departure from the Hotel.

Reservation deadline is April 13, 2019. Based on availability, the group rate will be offered three days prior and three days after the symposium meeting dates.

